



**City of Fremont
Fremont Unified School District
Liaison Committee
Agenda**



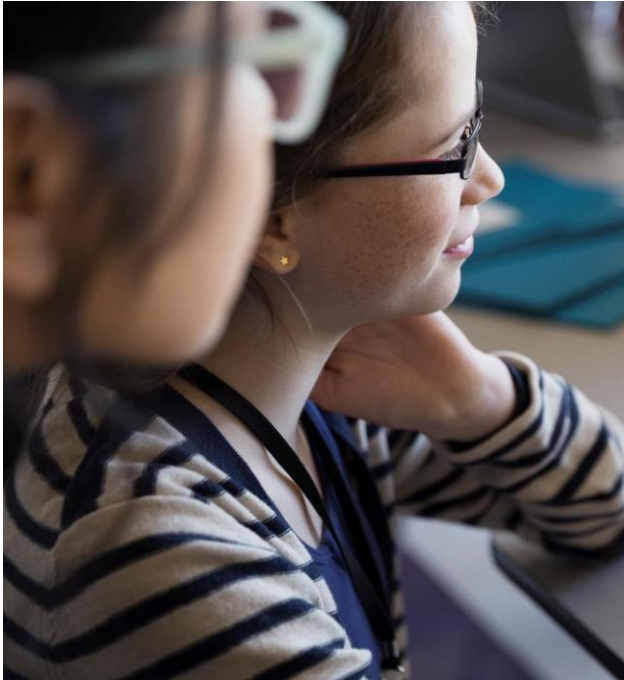
**October 22, 2019
5:30 p.m.**

**Fremont Unified School District, Board Room
4210 Technology Drive, Fremont Unified**

1. Call to Order
2. Pledge of Allegiance
3. Roll Call
4. Public Comment
5. Presentation on Mental Health Coordination of Services
(Annie Bailey, Human Services Department, Youth and Family Services Division, City of Fremont / Greg Bailey, Director of Student Support Services, Fremont Unified School District)
6. Next Agenda
7. Adjournment

In compliance with the Americans with Disabilities Act (ADA) and upon request, Fremont Unified School District may furnish reasonable auxiliary aids and services to qualified individuals with disabilities. Individuals who require appropriate alternative modification of the agenda in order to participate in Board meetings are invited to contact Patty Sandoval at (510) 659-2542 by noon on the Monday preceding the scheduled meeting.

Student Mental Health Services



Working together to deliver high quality, culturally responsive services.



FREMONT UNIFIED
SCHOOL DISTRICT

Coordination of Services (COST)



Mental
Health
Counseling &
Crisis Support



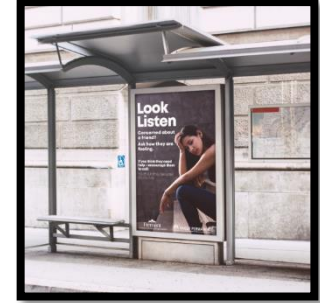
Adolescent
Substance
Use
Treatment



Alternative to
Suspension &
Diversion



Family &
Parent
Support



Mental
Health
Awareness

Working Together



Priorities

Collaboration

Funding

Mental Health Counseling & Crisis Support

Referrals Received in FY 18-19

Elementary
Schools

225

Middle
Schools

54

High
Schools

192

Schools with Interns on Campus in FY 19-20

6

0

3



Healthy Choices School-Based Mental Health Services

Primary Reason for Referral to Counseling	# of Students (School-Based)	%
Depression/Mood	56	22%
Social/Peer Issues	36	14%
Anxiety	29	12%
Family Relationships	24	10%
Behavior/Truancy	23	9%
Academic	20	8%
Self-Injury	16	6%
Grief/Loss	15	6%
Self-Esteem	9	4%
Anger Management	8	3%
Abuse/Neglect/Trauma	8	3%
Criminal/Parental Control	7	3%

Ethnicity	# of Students (School-Based)	%
Caucasian	73	29%
Chinese	44	18%
Asian Indian/South Asian	37	15%
Pacific Islander/Other Asian	31	12%
Multi-racial	26	10%
Other Non-White/Middle Eastern	20	8%
Hispanic/Latino	11	4%
Black/African American	7	3%
Native American	1	.5%
Unknown	1	.5%
Total	251	100%

Adolescent Substance Use Treatment



**Outpatient Treatment at Robertson & Kennedy
High Schools
Intensive Outpatient & Recovery Support at
Fremont Youth & Family Services**

Access

Evidence-based
Services

Funding

Alternative to Suspension & Diversion



Access

Evidence-based Services

Funding

Why Try® Groups for On Campus Tobacco & Marijuana Offenses

Diversion for First Time Legal Offenders

Family & Parent Support



Student Attendance
Review Board

Case Management
Family Partner

Parent Workshops
Parent Café

**We work together to provide
support and advocacy for parents**

Mental Health Awareness

Stigma Reduction Initiative

Public Awareness Campaign

- Workshops
- Mental Health Stigma Youth Survey
- Children's Mental Health Awareness Social Media Messaging



Family Development Matrix

Measuring Outcomes in 8 Domains

- 1) Shelter
- 2) Food and Clothing
- 3) Finances
- 4) Family Relations
- 5) Employment
- 6) Social Emotional
- 7) Child Care
- 8) Health and Safety

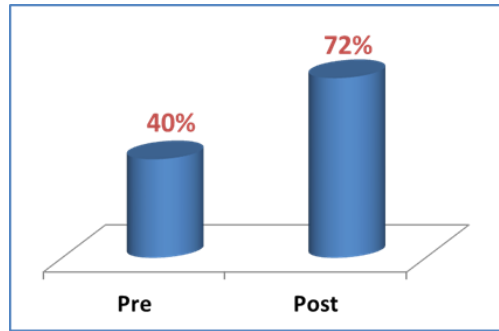


Family Development Outcomes

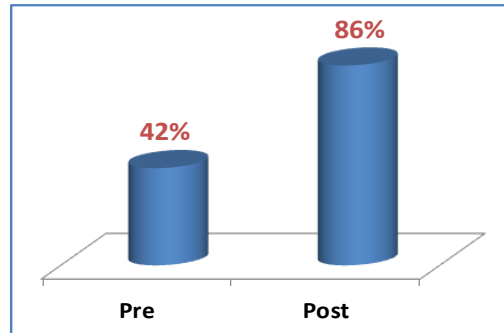
In FY 18-19 a positive trend was found in each of the 8 domains and statistical significance was established through data analysis of assessments for 43 families.

Examples of areas of progress:

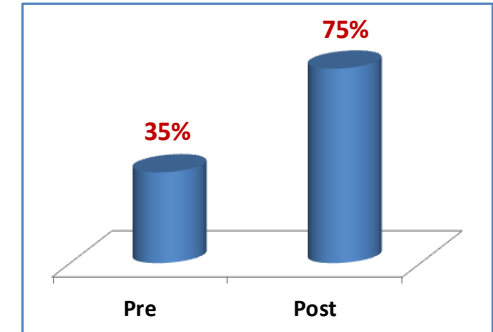
SHELTER



FOOD AND CLOTHING

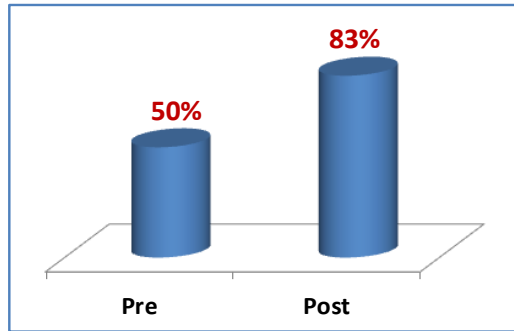


EMPLOYMENT

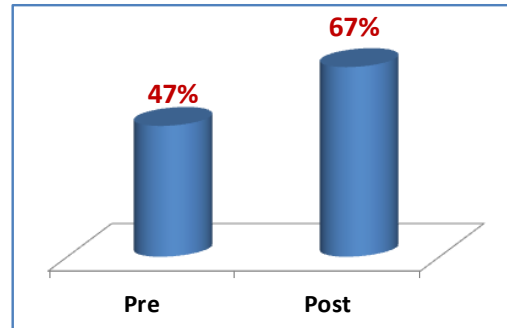


Family Development Outcomes

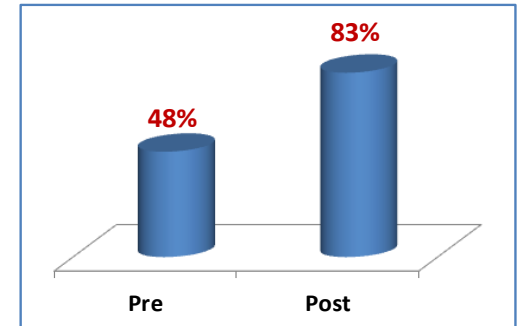
FAMILY RELATIONS



SOCIAL EMOTIONAL

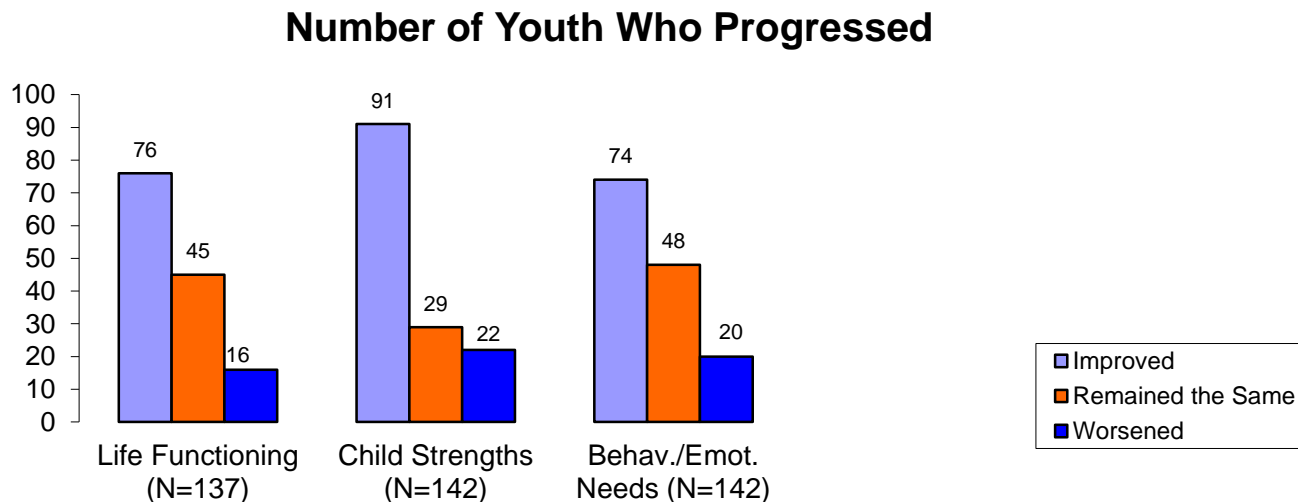


HEALTH & SAFETY

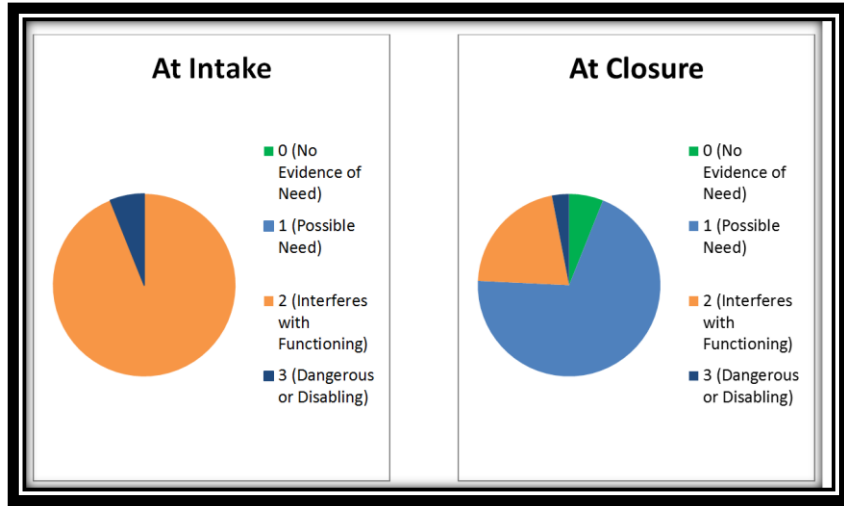


Mental Health Services Help Students

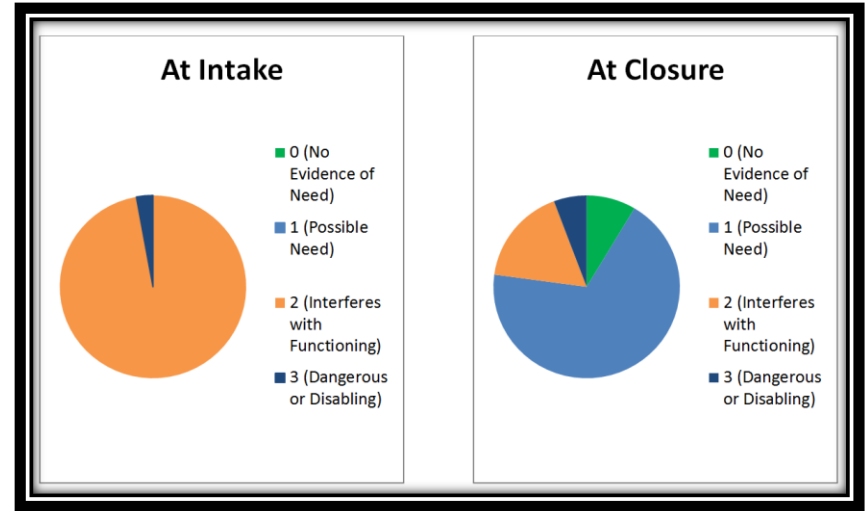
Child and Adolescent Needs and Strengths (CANS) Assessment



Mental Health Counseling Services - Impact



Depression Ratings at Intake and Closure
For Students Rated at Least "2" on a 4-point
scale (N=33)



Anxiety Ratings at Intake and Closure
For Students Rated at Least "2" on 4-point
scale (N=35)

FUSD and City of Fremont – Mental Health Services Making a Difference for Students & Parents



'My kids' therapist suggested that my family might benefit from having a Family Partner. Having a Family Partner was great! My Family Partner was another set of eyes to see what might be helpful to the kids and me. We talked about what stressors make parenting difficult. My Family Partner helped me put into practice at home what my kids' therapist and I planned in the therapy office. She also shared some of her story and she became a wonderful role model.

Parent of two children



My son Angelo started therapy sometime this year...the service he is getting from the Fremont Youth Center is awesome...I've seen a lot of improvements.. He is so comfortable and happy now... Also, thanks to the Fremont School District for referring us to this wonderful service

Parent of student



Hi, I am Richard... Nahide was my counselor... she was very helpful... she cares and helps with any of my problems...helps me stay out of trouble....helps with the family, and helps me enjoy life.

Elementary School Student

